



SUBSTANCE ABUSE POLICY

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SUBSTANCE ABUSE POLICY UNIVERSITI SELANGOR

1. Purpose

The purpose of this Substance Abuse Policy is to maintain a safe and healthy environment for all students, staff, and visitors at Universiti Selangor (UNISEL). This policy aims to prevent substance abuse that can endanger individual physical and mental well-being and affect the university community's standards. This policy applies to all members of the UNISEL community, including students, academic and non-academic staff, contractors, and visitors.

2. Scope

This policy covers substance abuse, including but not limited to alcohol, illegal drugs, misused prescription medications, over-the-counter drugs, inhalants, and any other substances that can impair cognitive and physical functions.

3. Policy Statement

Through this Policy, UNISEL is committed to:

- 3.1 Providing an environment that promotes physical, mental, and emotional well-being.
- 3.2 Ensuring the safety and health of all individuals within the university community.
- 3.3 Provides support and educational programs to prevent substance abuse.
- 3.4 Properly addresses any incidents of substance abuse in a manner consistent with university procedures and Malaysian law.

4. Definition of Substance Abuse

Substance abuse refers to the use, consumption, or possession of any substance that interferes with an individual's ability to function effectively, and which:

- 4.1 Impairs their physical or mental capabilities.
- 4.2 Creates an unsafe environment for themselves or others.
- 4.3 Violates the legal and ethical norms established by the university and Malaysian law.

5. Prohibited Behaviors

The following behaviors are prohibited at UNISEL:

5.1 The use, possession, distribution, or sale of illegal drugs or controlled substances.

5.2 Misuse or abuse of prescription or over-the-counter drugs.

5.3 Consumption of alcohol on university premises, except in areas authorized by law.

5.4 Any behavior that endangers the safety, well-being, or academic achievement of others due to substance abuse.

6. Responsibility

The University Management, Students and Staff have the following responsibilities:

6.1 University Management: The university management is responsible for

enforcing this policy, providing resources for prevention and intervention programs, and ensuring compliance with Malaysian laws.

6.2 Staff: Academic and non-academic staff are responsible for promoting

awareness of substance abuse, ensuring compliance with this policy, and providing

support to individuals affected by substance abuse.

6.3 Students: Students must comply with this policy and report any incidents related to substance abuse to the university management.

7. Prevention and Education

UNISEL will implement the following initiatives to prevent substance abuse:

7.1 Awareness Campaign: Regular workshops, seminars, and awareness campaigns will be organized to educate the university community about the risks

of substance abuse and promote healthy behaviors.

7.2 Prevention Program: Customized programs for students, staff, and faculty

members will be introduced to raise awareness, provide individuals with coping

strategies, and prevent substance abuse.

8. Support and Intervention

UNISEL will provide the following support services:

8.1 Counseling and Support Services: Confidential counseling services will be

available for students and staff who require assistance related to substance abuse.

The university will collaborate with professionals to provide comprehensive

support to individuals in need.

8.2 Referral Services: Individuals identified as affected by substance abuse will be

referred to external treatment and rehabilitation services if necessary.

8.3 Student Support Services: Programs to assist students facing academic

challenges due to substance abuse will be provided, including academic accommodations if needed.

9. Disciplinary Procedures

Any individual, whether a student or staff member, found to be in violation of this

policy may be subject to disciplinary action as stipulated in the disciplinary handbook for staff and students. Disciplinary actions may include suspension, dismissal, or any other measures deemed appropriate by the university's disciplinary committee. In

cases involving legal violations, the university will cooperate with the authorities, and legal action may be taken against the individuals involved.

10. Monitoring and Evaluation

The university will regularly monitor and evaluate the effectiveness of this policy and

related prevention and intervention programs. Feedback from the university

community will be collected to ensure that this policy continues to achieve its

objectives.

11. Confidentiality

All matters related to substance abuse will be handled with the strictest

confidentiality. Information will only be shared with individuals or authorities as

necessary for the purpose of providing support or enforcing this policy in accordance with the law.

12. Policy Review

This policy will be reviewed periodically to ensure its content remains relevant and its

implementation effective.

13. Conclusion

UNISEL is committed to creating a safe and healthy environment for all members of the university community. By adhering to the principles outlined in this policy, we can ensure that substance abuse does not interfere with academic success or individual

well-being. The university encourages everyone to seek help when needed and contribute to a positive and respectful environment for all.

Prepared by the UNISEL Substance Abuse Policy Committee. Approved by the

UNISEL Executive Committee on December 23, 2024 and Effective as of January 2, 2025.